No Smoking/Vaping Policy

At Muddy Puddles Childcare we are committed to promoting children's health and well-being. This is of the upmost importance for the nursery. Smoking and the use of e-cigarettes has proved to be a health risk and therefore in accordance with legislation, the nursery operates a strict no smoking/vaping policy within its buildings and grounds. It is illegal to smoke/vape in enclosed places. All persons must abstain from smoking/vaping while on the premises. This applies to staff, students, parents, carers, contractors and any other visitors to the premises. Staff accompanying children outside the nursery, are not permitted to smoke/vape. We also request that any parents accompanying nursery children on outings refrain from smoking/vaping while caring for the children.

Staff must not smoke/vape while wearing nursery uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle. Where staff choose to smoke/vape during breaks, they are asked to smoke/vape away from the nursery premises. They should have a change of clothes and wash their hands before going back to the children.

Staff should wait for 30 minutes after smoking before holding babies or children, even with a change of clothes. We respect that smoking/vaping is a personal choice, although as an organisation we support healthy lifestyles.

We follow UK Health Security Agency advice and aim to help staff and parents to stop smoking/vaping by:

- Providing factsheets and leaflets
- Providing information of local help groups
- Providing details of the NHS quit smoking helpline https://www.nhs.uk/better health/quit-smoking/
- Offering information regarding products that are available to help stop smoking.

This policy was adopted on	Signed on behalf of the nursery	Date for review
01/03/2026	Heather Black	01/03/2027